

U3A

THE UNIVERSITY OF THE THIRD AGE

Registered Charity : 1091390

Healthy Walking Group.

After all that Turkey and perhaps the many other good things we might have consumed over the Christmas period here are some walks to help keep us fit and healthy etc. at the beginning of 2012.

Please Note:- for all walks we meet at 10.15 for a 10.30 start.

January 2nd - Doreen Seddon will be leading today around Whitmoor Common. From the Dover Arms take the A323 towards Guildford; straight over the traffic lights and continue on until the first roundabout; take FIRST EXIT; continue to the next roundabout take the SECOND EXIT; take the first turning on the left [about 1/2 mile] into Saltbox Lane & the Car Park is a little way down the road on the left. Share a car if possible; can be busy with dog walkers, no stiles, food at nearby White Lion.

January 16th - Win Paine is leading the walk today starting at the Shepherd & Flock pub at Farnham. Explorer Map 145 SU 854474 Moor Park Lane. PLEASE park in the road and not in pub car park. Take the A31 towards Farnham and on approach to roundabout be in right hand lane and keep in righthand lane on roundabout . Entrance to Moor Park Lane is on the right, into the centre of the roundabout.

January 30th - Anne Worley & Doreen will be leading a Pirbright walk today. From the Dover Arms take A323 towards Guildford, at traffic lights take left fork, A324 road past Vokes [Now Henley Business Park] for about 5 miles at second roundabout turn left into village, carry on past the village hall and just before traffic lights turn right into De Cagney Avenue where the car park is on the immediate right. Lunch at the Cricketers or White Hart if required. Walk is flat.

February 13th - Sue Carter will lead our walk today starting from the Swan [Overflow car park] Hutton Road GU12 5HA, map ref 895528. Today's walk is mainly flat & no styles.

February 27th - Derek Monds will lead the walk today which will start from the Lay-by opposite the Village Hall in Elstead. Map Grid Ref 905435. Take your favourite route to the traffic lights on the Farnham Bypass. (Hinckleys Corner) Turn LEFT, pass the railway station. Go over the level crossing and bear LEFT into Waverley Lane. (B3001 signs Elstead & Milford). This takes you directly to Elstead after about 2¾ miles. As you enter the village turn RIGHT by the shops at edge of green into Thursley Road. Park in long lay-by opposite the Village Hall.

March 12th - Barry Hart will lead our walk today starting at the Harrow Pub. Compton Map Reference GR 955471. From the Dover Arms continue towards Guildford, Turn RIGHT at St Marks Church into Westwood Lane and follow road past Wanborough to the end. Turn RIGHT on the B300 and follow to roundabout and take 3rd exit. After 50 yds next roundabout take 1st exit to Compton, next roundabout take 3rd exit into Compton. The Harrow Pub is about 600 yds on the RIGHT.

Please park in the "Overflow Car park" at the rear of the pub.

March 26th - John Burgess will lead our walk today, starting at THE DUKE OF CAMBRIDGE car park TILFORD. OS GR 876424. Take your favourite route to the traffic lights on Farnham Bypass. (Hinckley's Corner) Turn LEFT, pass the railway station. Go over the level crossing and immediately bear RIGHT. Follow through for Tilford. The pub is about ½ mile past Tilford Green on the LEFT hand side.

Please Note:-

If you don't already have them my contact details are:-

e-mail:- derekmonds@sky.com

Tel:- Home 01 252 337 460 Mobile 07599 308 935.

Please make a note of my mobile number and use for any emergencies etc. during our walks.